



ARMANI / SPA
Beauty & quiet

ARMANI / SPA

The exclusive environment of **Armani/SPA** reflects the lifestyle and design by Giorgio Armani. A corner of quiet and wellness of 1000 square meters, with a breathtaking view from the eighth floor and immersed in the Milan fashion district. Take a break in the enchanting relaxing pool, with panoramic view of the city, or get involved in the spa trail with saunas, steam baths and ice waterfall. Finally, choose from a wide selections of hot teas, cold infusions and fresh fruits, the best solution to cuddle you along the path and boost your energy to better enjoy your day.

FIND OUT MORE ON THE BELOW MENU

COLLEZIONI ARMANI

COLLEZIONI SIGNATURE

REJUVENATING

ESSENTIAL TOUCHES

FINISHING TOUCHES

GIFT VOUCHER

SPA FACILITIES

GYM

ARMANI / SPA



Indulge in a few hours of pleasure dedicated to the exclusive care of yourself. The **Armani/SPA** team of professionals will prove you how one day can be enough to discover the pleasure of a renewed psycho-physical balance, releasing your mind and body from any tension.

The luxury SPA of the **Armani Hotel Milano** is the ideal place for moments of unforgettable peace and relax, an oasis of well-being in perfect harmony with the style and charm of the unique design of **Giorgio Armani**.

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ARMANI / SPA

MU

An exclusive collection of soft and delicate touch treatments designed to induce a deep relaxing sensation and give unique moments of well-being

MU FACIAL MASSAGE

Gentle touches that enfold the visage, giving relief to tired muscles, ideal for feeling fresher and relaxed thanks to special hydration techniques that nourish the skin giving it charm, suppleness and firmness. Recommended for dry and dehydrated skin, requiring hydration and moisture.

50 o 80 minutes - €150 / €210

MU BODY MASSAGE

The perfect treatment to enter in a state of deep relaxation thanks to the jasmine essential oil, with jasmine flower and ylang-ylang scent. A deep relaxing massage that, combining specific slow and enveloping movements, promotes restful sleep, relieving psychological tension.

50 o 80 minutes - €140 / €200

MU FACIAL SCRUB AND MASK

A delicate exfoliating scrub with grape polyphenols removes dead skin cells and promotes their renewal, leaving a smooth, nourished and luminous skin. The exfoliation smoothes the skin preparing it for a luxurious mask-balm with fragrant oils and nourishing serums.

25 minutes starting from € 100

MU BODY SCRUB, MUD OR WRAP

An exfoliating body scrub with grape polyphenols removes dead skin cells promoting their renewal, leaving a smooth, nourished and luminous skin. A clay wrap to nourish, soften and deeply moisturize the skin. Jasmine essential oil, with jasmine flower and ylang-ylang scent and its highly nutritive properties, gives a pleasant sensation of relaxation and softness.

50 or 80 minutes - €150 / €210



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FLUIDITÀ

A collection of purifying treatments to promote mind and body wellness, improving water out and toxins, reinvigorating essential functions from the inside.



FLUIDITÀ FACIAL MASSAGE

A specifically gentle facial treatment for hyper-stimulated and sensitive skins prone to puffiness. Lymphatic drainage eliminates puffiness and encourages nutrients absorption, while soothing, de-sensitizing natural plant extracts purify, rebalance and illuminate the skin.

50 or 80 minutes - €150 / €210

FLUIDITÀ BODY MASSAGE

An uplifting and revitalizing body massage with specific draining techniques to help reducing excessive water retention and localized puffiness, flushing out unwanted toxins. Carefully selected Jade body oil, thanks to lemon and musk purifying properties, improves the lymphatic circulation and promotes recovery from small internal imbalances caused by travels and intensive working programs.

50 or 80 minutes - €140 / €200

FLUIDITÀ FACIAL SCRUB AND MASK

A gentle detoxifying scrub to revitalize and improve skin brightness, drain impurities and promote skin cell renewal. The exfoliation smoothes the skin preparing it for a luxury mask-balm with reactivating serums and lemon and white musk perfumed oils.

25 minutes starting from € 100

FLUIDITÀ BODY SCRUB, MUD OR TEXTURE WRAP

Exclusive brushing techniques to activate lymphatic circulation. A sea salt lipogel scrub and a combination of natural mineral mud and Jade oil flushes out toxins, reduce water retention and give a revitalizing effect on body and mind. The texture wrap treatment, with criolipogel cold localized bandages, reduces lymphatic puffiness due to stress and small internal imbalances.

50 o 80 minutes - €150 / €210

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LIBERTÀ

A unique specific treatments collection designed to release mind and body from deep physical stress and to sooth aching muscles, dissolving tensions and alleviating pressure on tired joints.

LIBERTÀ FACIAL MASSAGE

A revitalizing and bracing treatment that enlivens facial contours enhancing skin elasticity. This massage is particularly recommended for improving skin natural firmness and texture.

50 or 80 minutes - €150 / €210

LIBERTÀ BODY MASSAGE

A deep-acting treatment that, thanks to the combination of specific deep tissue techniques and acupressure, relieves tensions and frees movements. Carefully selected Bois body oil with Cedar wood, vetiver and pink pepper essential oil, coaxes muscles into releasing tensions, leaving a soft and supple skin.

50 o 80 minuti - €140 / €200

LIBERTÀ FACIAL SCRUB AND MASK

An exfoliating peeling that promotes cell renewal, restoring facial skin tone and texture. The exfoliation smoothes the skin preparing it for a luxurious mask-balm, with invigorating serums and perfumed vetiver and pink pepper oils.

25 minutes starting from € 100

LIBERTÀ BODY SCRUB, MUD OR TEXTURE WRAP

A rebalancing exfoliation with hazelnut seeds, enriched with aromatic vetiver and pink pepper oil, promotes cell renewal, while its manipulation soothes muscle tensions caused by stress and wrong movements. An anti-fatigue clay mud enriched with arnica and Bois body oil helps to sooth muscles, leaving a toned and supple skin. The texture wrap treatment, thanks to localized arnica bandages, further alleviates pressure on tired joints.

50 or 80 minutes - €150 / €210



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BEAUTY EXPERIENCES

Focused packages to indulge in an intensive daily treatments program, or to carve out a moment of well-being and relaxation away from the daily frenzy. The Armani / SPA has designed, in its exclusive environments, a combination of Day Spas tailored to all needs, with the aim of purifying, relaxing and regenerating body in its entirety, without waiving beauty care.

BEAUTY TIME

Luxury Manicure 50 min, Luxury Pedicure 50 min, Minifacial 25 min, body massage 50 min, relaxation area entrance;

3.5 hours € 410

A sequence of personalized treatments designed for moments of pleasure, to nourish body and mind in high stress periods.

HALF DAY

Luxury Manicure 50 min, Luxury Pedicure 50 min, Facial mixology 50 min, body scrub and massage 80 min, relaxation area entrance

4 hours € 520

4 hours of tailored treatments as moments of pure wellness and relaxation in an oasis of peace.

FULL DAY

Luxury Manicure 50 min, Luxury Pedicure 50 min, Facial mixology 80 min, body scrub and massage 80 min, personal trainer / yoga lesson, light lunch at Armani / Bamboo Bar, relaxation area entrance.

8 hours € 690

Escape from daily commitments to dive into the exclusive atmosphere of a luxury spa, recharge energies and dedicate a whole day to yourself.

PRE POST- NATAL

Facial mixology 50 min, body Essential touches 50 min, Manicure 30 min free, relaxation area entrance

4,5 hours € 325

Personalized treatment for moments of relaxation and wellbeing to experience in the strong bond between mother and baby, or post birth to treat yourself to a cuddle and recharge your energy together with your baby.

Two excellent packages to combine with treatments, to celebrate a special occasion with a unique experience in a universe of fleeting moments:

ROMANTIC PACKAGE

Couple room for two people with strawberries and champagne, a romantic getaway from the daily frenzy, to revitalize the couple and the desire to share a special moment in the name of well-being.

30 min € 60

SPECIAL OCCASION

Couple room for two people with champagne and personalized cake.

30 min € 110



ARMANI / SPA



A new treatments collection inspired by enchanting places with an international flavor, embracing the magic of distant cultures, combining them with the main philosophies of the **Armani/SPA** and enhancing them in 2-hour rituals. In addition, the Signature Crema Nera treatment represents the harmonious union of these philosophies, implemented with the use of the best Armani creation in terms of Skincare, the **Armani Crema Nera** skinline.

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SIGNATURE MU

With this treatment comes the ritual of slowness and vital awakening, growth from a need to take care of body and soul. Each single detail, with Orient inspired sounds, and rhythmic, deep slow movements, will accompany you on an interior journey, aimed at showing up your beauty even more. Delicate and enveloping brushing manipulations of body and scalp will be followed by an oleation that prepares both body and mind for the zen massage.

A gentle total body stretching with silk sheets soothes skin-deep tensions, opening a delicate massage that will treat your body back into harmony and balance with your natural energies, breaking down both physical and emotional blocks and giving you an incredible feeling of harmony.

SIGNATURE FLUIDITÀ

A thousand and One Night ritual dedicated to purification, with different phases that alternate like a dance, accompanied by a sweet background melody. Fast and enveloping manipulations that have an exfoliating and purifying action will be followed by a cleansing with savon noir, the typical Arabic soap used in the hamman ritual, to prepare skin to the precious Berber gold mask.

In a pleasant natural heat that recalls the hot desert winds, the body reaches the correct body temperature. The optimal state of purification and regeneration culminates in an enveloping massage with the precious argan oil. Each treatment phase is marked by the tasting of a green tea drink that accentuates its draining power.

SIGNATURE LIBERTÀ

A journey through the famous "Silk Road" of the Far East, in a perfect combination between the Traditional Thai massage, strongly influenced by Ayurvedic Indian medicine, and yoga practice. This ritual, with a strong relaxing effect on both body and soul, involves each part of the body starting from the feet, with the typical Thai foot bath with rose water.

Flowing and natural joints traction manipulations improve elasticity, while body postural restoration, through yoga typical figures, helps to correct articular movements, rebalancing neurovegetative system and eliminating the main cause of physical and mental fatigue, stress. A unique experience through the energetic lines of the body, to improve mobility and promote inner well-being.

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SIGNATURE ARMANI/CREMA NERA



Unique path of transformation and regeneration of the skin in complete Armani style, during which all power of his best creation in matters of skincare is expressed, Armani Crema Nera skinline.

Each of the steps in which the ritual is articulated is reinforced with an intense sensorial, varied and original gesture.

The effectiveness of the skin care ritual according to Giorgio Armani focuses on posture and conscious breathing: The mental and body "letting go" operates from the deep back massage.

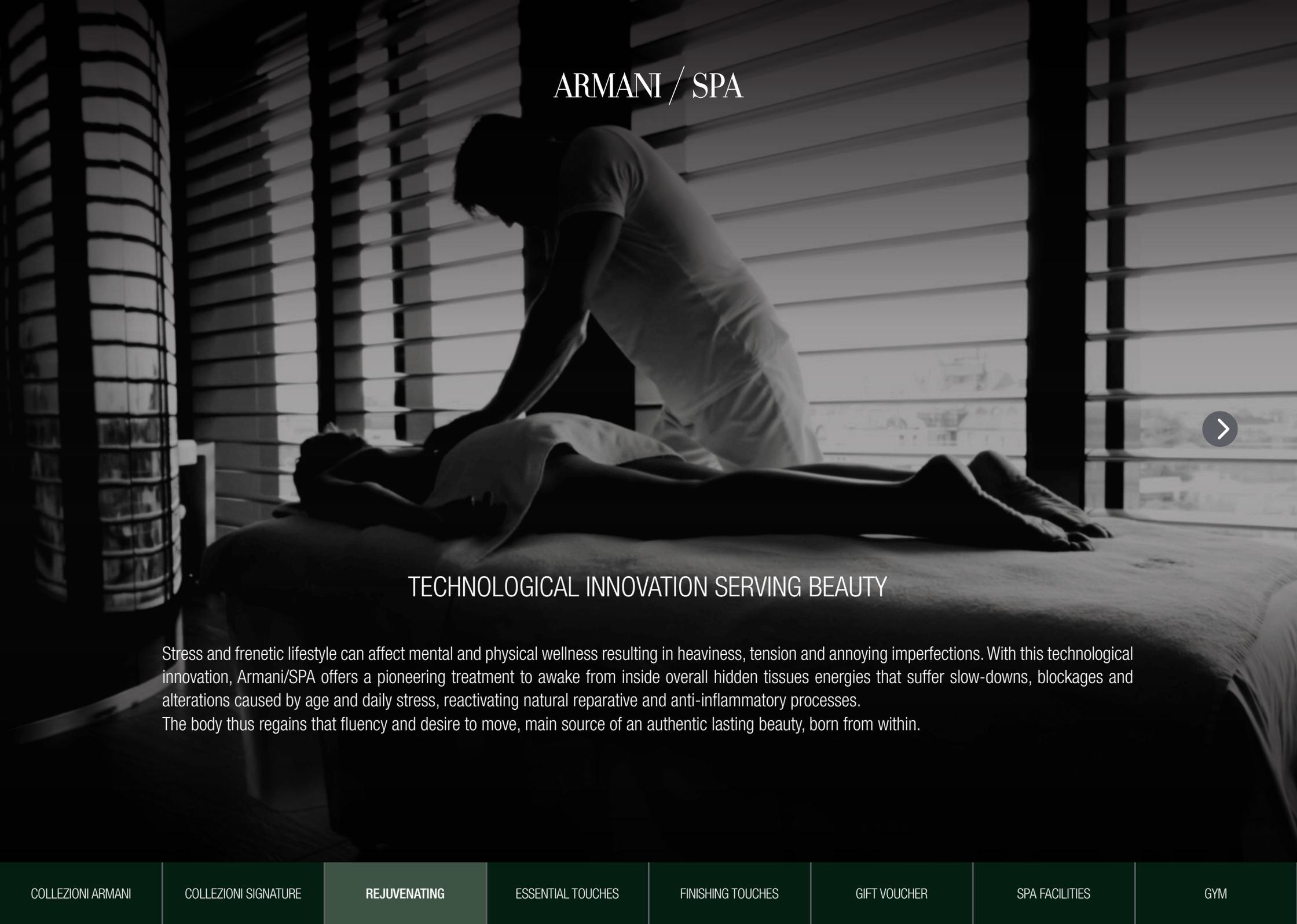
The exfoliating mask, with natural products strongly sought in the loved lands of the Maestro and reminiscent of the meticulous Asian culture precepts of inner purification, refines and helps detoxify the skin from within.

A draining massage with mineral gloves, strengthened by manual and energetic gestures, stimulates the reflex zones: the skin therefore transforms and recovers its natural splendor.

The ritual culminates with a last phase dedicated to the whole body energetic restart, through the application of moisturizing and regenerating active ingredients enhanced by a massage with fusion stones.

A path that embodies the three philosophies on which the **Armani/SPA** is founded: MU, FLUIDITÀ and LIBERTÀ.

A unique and inimitable treatment of its kind, like the whole **GIORGIO ARMANI** style.



ARMANI / SPA



TECHNOLOGICAL INNOVATION SERVING BEAUTY

Stress and frenetic lifestyle can affect mental and physical wellness resulting in heaviness, tension and annoying imperfections. With this technological innovation, Armani/SPA offers a pioneering treatment to awake from inside overall hidden tissues energies that suffer slow-downs, blockages and alterations caused by age and daily stress, reactivating natural reparative and anti-inflammatory processes.

The body thus regains that fluency and desire to move, main source of an authentic lasting beauty, born from within.

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REJUVENATING FACIAL ANTI-AGING

Our visage is our business card as it immediately reveals our age as well as our inner psycho-physical state. The special moisturizing treatment has a smoothing effect giving elasticity and energy to both cells and tissues, for a vital and fresh visage. The rejuvenating anti-aging method is the first treatment that combines manual techniques with specific technological tools for a simultaneous stimulation of body tissues and joints, releasing energy blocks and recreating internal natural balance shown by a young, health and bright skin.

The circulation stimulation, together with oxygen supply, speeds up cellular turnover with an immediate spontaneous tissues regeneration. Right after the first treatment, the skin visage appears radiant, smoothed and relaxed while the skin gains back that natural vitality which is the secret of authentic beauty.

Duration: Starting from 50 minutes
Price: Starting from € 160

REJUVENATING HEALTHY AND LIGHTER LEGS

Legs wellness is based on lymphatic and blood system proper functioning: these systems flow through the subcutaneous adipose tissue, bringing oxygen and eliminating waste, and keeping body healthy and vital. However, when they stop working properly, we feel an annoying sense of heaviness, hands and feet become frequently cold and we experience that anesthetic cellulite layer.

The Rejuvenating anti-aging treatment for healthy and lighter legs quickly and effectively fights against this process, stimulating oxygen supply through tissues and eliminating liquids stagnation in capillaries, cause of puffiness and fatigue. Furthermore, it dissolves accumulated fat by restoring normal functionality, giving tissues more elasticity and consistence. For legs much lighter, healthy and beautiful.

Duration: Starting from 50 minutes
Price: Starting from € 160

ENERGY AND REVITALIZING BODY TREATMENT

Body energy system works in complete synergy and each part reflects its well-being. The innovation of Rejuvenating anti-aging method is based on this principle: a global effectiveness that gives balance back to whole body thanks to a combination of manual techniques, technological innovation and aromatherapy quintessences, with a beneficial and deep influence on the entire organism.

A specific massage that helps removing energetic blockages starting from joints tensions, allowing vital energy to freely flow, restoring an optimal psycho-physical condition and a lightness feeling for the whole body main points of muscular tension. The treatments results are: better articular mobility, muscle flexibility, night rest improvement and stress level reduction, giving an immediate and evident biological tissue quality rising.

Duration: Starting from 50 minutes
Price: Starting from € 160



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Armani/SPA has designed a special selection of advanced and latest generation treatments that offers effective responses to specific wellness facial and body needs. These treatments promote detoxification and energy renewal and vitality after a particular psycho-physical stress period. They can also be useful to prevent and mitigate the damage of time thanks to a real shock therapy.

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ESSENTIAL FACIAL TREATMENT

MINIFACIAL 25 'MU FREEDOM FLUIDITY

Mini treatments born from the need to dedicate precious time to themselves even during a busy day. Indicated to fit for a special evening or an important event.

FITOMELATONINE EYE CONTOUR

Phytomelatonin is a plants extracted ingredient that stimulates skin regenerative processes and repairs the damages caused by smog and UV rays, relaxing facial features.

The Armani/SPA offers a treatment for eye contour, which exploits the power of phytomelatonin to penetrate very deeply.

Even the most mature and tired skin gets benefits from this ingredient thanks to a soft mask that reduces dark circles, smoothes small wrinkles, moisturizes and strengthens the eyes contours, restoring the look natural brightness.

25 min € 100 / 50 min € 165 / 80 min € 225

FACIAL MIXOLOGY MU LIBERTÀ FLUIDITÀ

This treatment provides a multi-functional approach: a combination of products to treat different skin needs simultaneously, thus giving an immediate visible result.

- MU REHYDRATING

Specific treatment recommended for dehydrated and sensitized skins. Visage regeneration is stimulated by the use of ingredients and serums aimed at activating cell renewal and deep rehydration.

- FLUIDITÀ NORMALIZING

Multi-functional treatment to help handle complex conditions such as oily, acne-prone skin or acne. It has a sebum-normalizing, exfoliating, anti-inflammatory, anti-stain and purifying action.

- LIBERTÀ ANTI-AGING TONING

Recommended treatment to prevent and reduce ravages of time, such as wrinkles, fine lines, loss of face, neck and décolleté skin tone, and also to correct photo-aging signs.

25 min € 100 / 50 min € 165 / 80 min € 225

FACIAL THALASSO EXPERIENCE

MU LIBERTÀ FLUIDITÀ

Sea water has always been an inexhaustible source of hydration and beauty. Based on skin type and desired effect, you can choose between:

- MU FACIAL THALASSO

Particularly suitable for dry and dehydrated skin

- FLUIDITÀ FACIAL THALASSO

Specific treatment for oily skin with a dull complexion

- LIBERTÀ FACIAL THALASSO

Intensive moisturizing and anti-aging treatment

25 min € 100 / 50 min € 165 / 80 min € 225

ARMANI / SPA

ESSENTIAL BODY TREATMENT

SPECIFIC FOR METHODS

A wide selection of massages and treatments focusing on the therapeutic properties of both traditional medicine and modern techniques.

Thai massage

Vodder massage for lymphatic drainage

Hot and cold stones massage

Four hands massage

Massophysiotherapy massage

Ayurveda massage

Shiatsu massage

Foot reflexology

PRE - POST NATAL

Specific treatment that offers moments of relaxation and well-being to be shared in the deep bond between mother and baby, or post-partum to treat yourself to a cuddle and recharge your energy to spend with your child.

A moment dedicated to yourself and to your wonderful changing body.

50 min € 160 / 80 min € 230

JET LAG WITH FITOMELATONIN

For a quick recovery from physical and mental fatigue caused by exhausting journeys. Jet leg treatments are recommended in the late afternoon for maximum benefits.

THALASSO EXPERIENCE

Based on skin type and desired effect, you can choose between:

- MU BODY THALASSO

Intensive program that moisturizes, tones and firms tissues maintaining beauty and softness in 3 phases: peeling, marine collagen wrap, relaxing emulsion.

- FLUIDITÀ BODY THALASSO

Vasoactive treatment that promotes a strong draining action through water out elimination.

- LIBERTÀ BODY THALASSO

Exclusive thalasso cosmesis treatment to stimulate muscle tonicity and relieve rheumatic pain due to stress.

50 min € 160 / 80 min € 230



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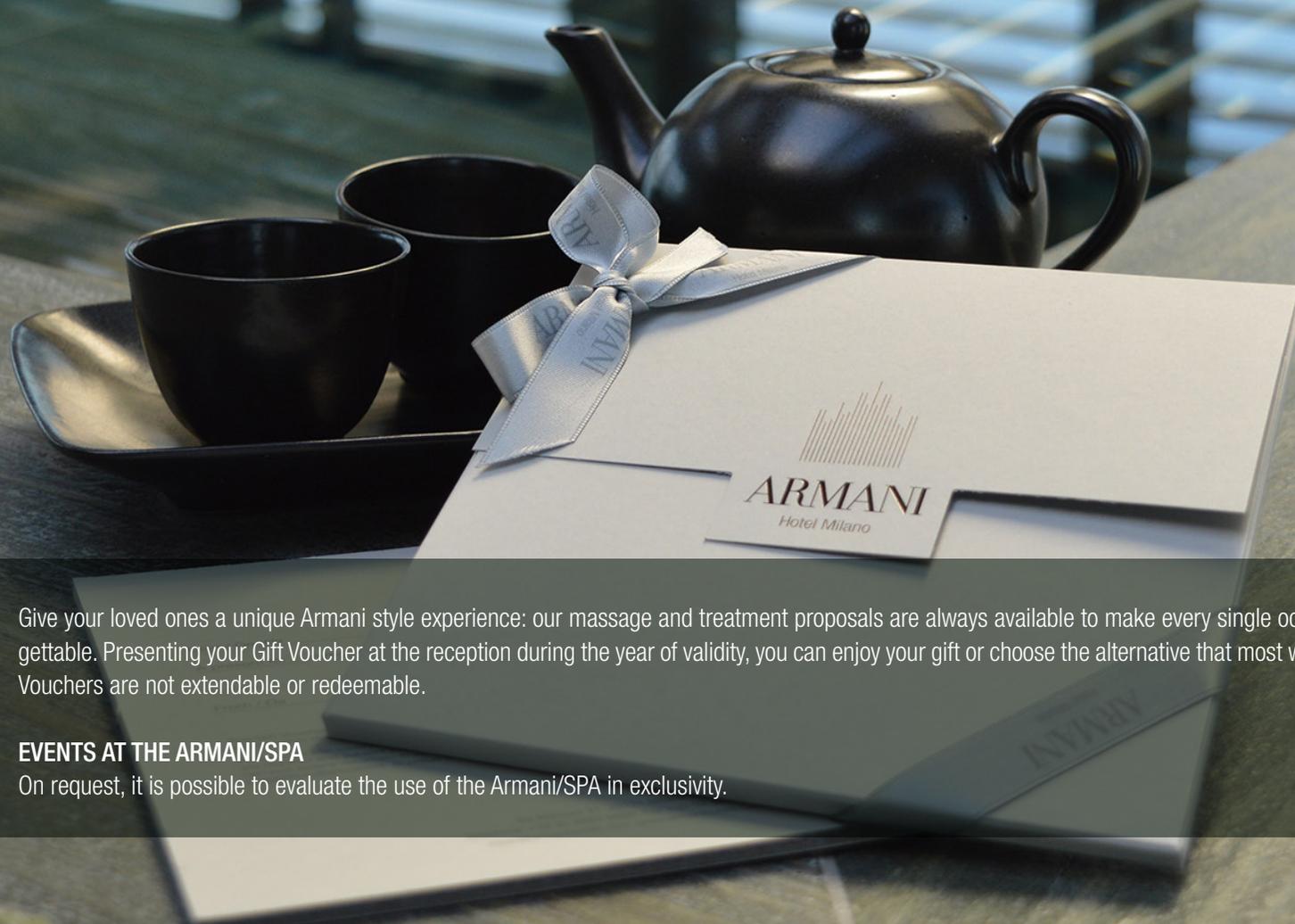
FINISHING TOUCHES



An essential moment to complete beauty care thanks to the attentive care of the Armani/SPA professionals.

- Waxing
- Manicure, Luxury manicure or Gel polish
- Pedicure, Luxury pedicure or Gel polish
- Make up by Giorgio Armani: All Day, Night Out or Special Occasion
- On request: Hairdresser services, eyelashes extention

ARMANI / SPA



Give your loved ones a unique Armani style experience: our massage and treatment proposals are always available to make every single occasion unforgettable. Presenting your Gift Voucher at the reception during the year of validity, you can enjoy your gift or choose the alternative that most wishes. All Gift Vouchers are not extendable or redeemable.

EVENTS AT THE ARMANI/SPA

On request, it is possible to evaluate the use of the Armani/SPA in exclusivity.

ARMANI / SPA

OPENING TIME

SPA & Treatments:
9:00 - 21:00 (Monday-Sunday)

GYM

9:00 - 21:00
For our subscribers (with prior notice) for hotel guests
24 hours (Monday-Sunday)

TO SET AN APPOINTMENT

To ensure your desired time and service is available, we advise booking at least 48 hours in advance. All bookings must be confirmed or guaranteed by a credit card.

ARRIVAL TIME

We suggest to arrive at least 15 minutes prior to the appointment time, wearing the bathrobe and slippers provided. Please be aware that late arrivals will result in reduced treatment time.

CANCELLATION

In the event of cancellation, guests are required to notify the SPA by 8.00 pm on the day prior to their appointment. In the event of later notification or failure to show, we reserve the right to charge in full the treatment reserved. Special conditions will be applied in case of bookings during the day and/or with exclusive use of our SPA; these conditions will be stipulated upon confirmation of the booking.

SPA ETIQUETTE

Our SPA environment is one of relaxation and tranquility. Please respect all SPA guests' right of privacy and serenity. In light of this, guests are required to wear swimwear in common areas, including relaxation pool, sauna and steam bath. The SPA is a mobile phone and smoking free zone. Robes, towels, slippers and amenities will be provided by the SPA.

CHILDREN

For health and security reasons, children under 16 years are not permitted in the SPA. However, they can receive a cuddle of a sweet massage dedicated to them, with an iconic chocolate aroma of nigritella oil.

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On the top floor of the hotel with a breath-taking view of the city, open 24/24, the SPA Gym of the Armani Hotel Milano offers a unique spaces, technologically advanced equipment and the expertise of Personal Trainers who design a personalized program for each guest.

GYM

Single gym entrance	€ 110
Gym bag storage and single wash	€ 10
Single lesson with Personal Trainer 60 minutes	€ 100
Package 10 + 1 lessons with Personal Trainer *	€ 1000
Extra hours before/after the opening hours	€ 25

SUBSCRIPTIONS

A range of annual subscriptions and flexible quarterly wellness packages to help you achieve your goals

ANNUAL BUSINESS SUBSCRIPTIONS

Designed to meet the needs of those who can carve out little time during the week to dedicate to themselves and want to exploit it to the fullest.

ANNUAL OPEN SUBSCRIPTIONS

For all those who cannot do without sport, but who would like to dedicate time also to wellness and relaxation.

TANDEM PAC

Share the Armani experience! Bringing a second person to purchase the same membership / quarterly wellness package, you will receive a 10% discount on your membership / quarterly wellness package.

GYM PACKAGES WELLNESS

Packages, designed for those who want effective and visible results in the short term, which combine fitness with body treatments to increase the result.

FITNESS PROGRAMS

An offer of fitness programs for individuals and small groups:

- Jogging In the Fashion District
- Tracked Training
- High Power Fitness Program
- Body Weight Training